

# GREAT ACHIEVEMENT... ...SIGNIFICANCE COMES WITH CHALLENGES!

*"Great achievements and anything of significance comes with challenges.*

*100 percent of the time, to accomplish something great or significant like becoming a CEO, a doctor, lawyer, or engineer or... a Black Belt, we encounter times where we don't want to continue – and this happens right when we are on the edge of growth.*

*As a parent, if you base your actions on what your kids want to do, they won't accomplish anything great or of significance. They'll stop on these edges of growth. They'd rather choose to eat ice cream, watch TV, play video games or simply switch to another activity when they brush against a little challenge.*

*You may think Karate is about what they want, but it is about what you want for them to accomplish and achieve!!*

*This is the most important time in their lives. During this time, parents' (and mentors') job is not to push them but to teach them how to push themselves through challenges. If they don't learn this as a child, they will not gain this ability. When they are an adult, they will always give up when it gets tough.*

*Nobody ever got anything significant or accomplished anything great without mastering the ability to struggle through adversity. That's what we're teaching them.*

*If you were approved to train to Black Belt and beyond and it is your goal for them, not because of the "belt" but because of what it will mean, then let's work together to build a successful, resilient, and happy future adult!"*

*CH. MASTER GREG MOODY*

Chief Master Greg Moody, Ph.D.

8° Black Belt



**KARATEBUILT MARTIAL ARTS**